



The Mind Loft Privacy Notice

How we Process Personal Data

The Mind Loft complies with our obligations under the General Data Protection Regulation (GDPR) by keeping personal data up to date; by storing (and destroying it) securely; by not collecting or retaining excessive amounts of data; by protecting personal data from loss, misuse, unauthorised access and disclosure and by ensuring that appropriate technical measures are in place to protect personal data.

We use your Personal Data for the following purposes:

- To deliver the services that you have requested;
- To contact you as necessary in accordance with the services you have requested;
- To contact you via surveys to ascertain your opinions on the service you received from us;
- To maintain our own accounts and records.

N.B. In the event that our recorded data is utilised for research purposes, our own supervision or for the instruction or tuition of students, all such data will be sufficiently anonymised to the extent that individual clients cannot be identified. Should a client indicate that their data should not be used for these purposes, we would refrain from using that data.

Individual data will never be passed to a third party without the express consent of the respective person, always provided that such confidentiality is neither inconsistent with the therapist's own safety or that of the client, the client's family members or other members of the public, nor in contravention of any legal action or legal requirement.

In accordance with our need to maintain the possibility of access to client data as a result of returning clients or those who may wish to lodge a complaint in respect of our professional services to either our professional body or our insurers (i.e. in all cases perhaps after a long period of time has elapsed), we retain client data for a minimum period of 7 years. For clients under the age of 18, data will be retained until their 25th birthday.



Our Lawful Basis for Processing Client Personal Data

The client has given clear consent for me to process their personal data for a specific purpose. Further, the processing is necessary for both my client's and my own legitimate interests.

Your Rights and your Personal data

Unless subject to an exemption under the GDPR, you have the following rights with respect to your personal data:

- The right to request a copy of your personal data which The Mind Loft holds about you;
- The right to request that The Mind Loft corrects any personal data if it is found to be inaccurate or out of date;
- The right to request your personal data is erased where it is no longer necessary for The Mind Loft to retain such data;
- The right to withdraw your consent to the processing at any time;
- The right to request that the data controller provide the data subject with his/her personal data and where possible, to transmit that data directly to another data controller, (known as the right to data portability), (where applicable).
- The right, where there is a dispute in relation to the accuracy or processing of your personal data, to request a restriction is placed on further processing;
- The right to object to the processing of personal data, (where applicable).
- The right to lodge a complaint with the Information Commissioners Office (see below).

The Mind Loft and Social Media

The Mind Loft cannot be held responsible for the data and privacy policies and / or practices of the social media platforms we may upload content to, that may feature your voluntary contributions or direct messages.

You can find more information about these platforms' privacy and data policies on the respective Facebook, Twitter, LinkedIn and Instagram pages directly.

Complaints Notice

You have the right to complain to the Independent Commissioner's Office (ICO) if you think there is a problem with the way we are handling your data (see <https://ico.org.uk/concerns/handling/>).